

WE STRIVE TO BE THE BEST WE CAN BE.

WE SHOW RESILIENCE.

WE ARE SUPPORTIVE.

WE RESPECT INDIVIDUALITY.

WE ARE POLITE, FAIR AND HONEST.

WE HAVE A LOVE OF LEARNING.



Road Safety

The following presentation provides useful information, activities and video clips to support parents/carers in discussing 'Road Safety' with their children



ETHOS OF EXCELLENCE

HANDS UP! How do we use roads?

Ways of getting to school	How many kids get to school that way	Good points	Bad points
			
			
			
			

Discussion

Fact: 3-5pm is the most likely time for pedestrians to have accidents

Discussion point:
Why do you think this time of day is the most common for incidents involving pedestrians?

Discussion

Fact: 12-19 year olds are most likely to be killed or seriously injured in a road incident

Why do you think your age group is the most at risk?

Danger zone: Can you spot what's safe and what's not?



See, Think, Speak

Watch the See, Think, Speak video. In this video we see a number of young people speaking up during a scenario that they are not comfortable with.

WATCH - [Click here to see video](#)

Do you recognise this type of behaviour?



Is it always easy to share our real fears, opinions and thoughts? Why might it be hard to speak up?

Which scenario do you think would have resulted in the safest outcome?

Travelling by bike

Firstly, if you cycle, make sure you always wear a helmet. You wouldn't catch a professional cyclist not wearing one. It could save your life - half of all injuries suffered by cyclists are to the head and face. Make sure you've got a helmet that fits you properly and is not damaged.

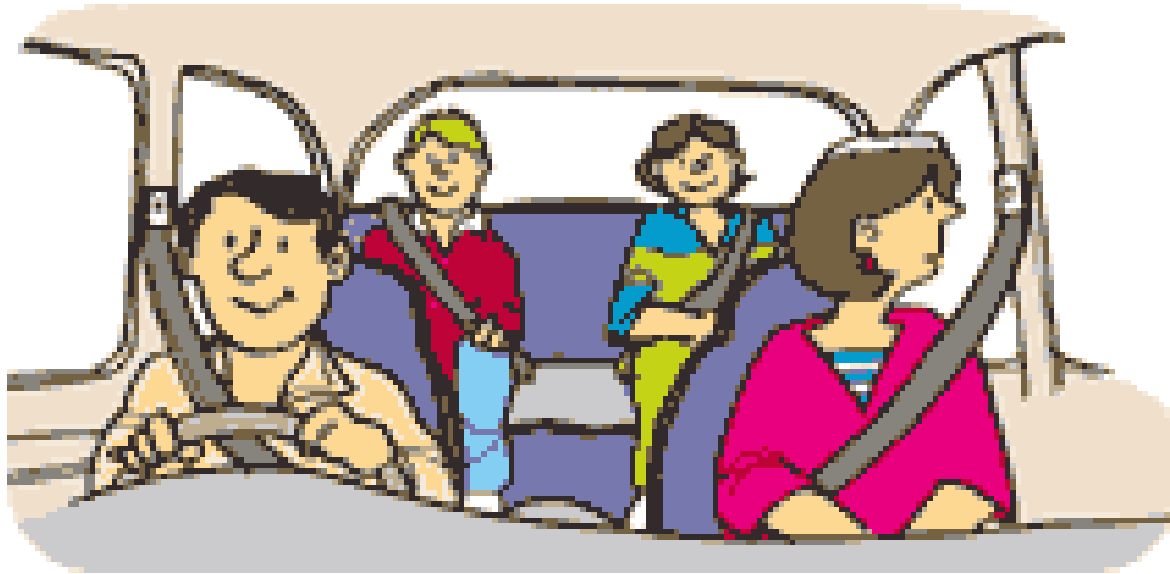
Secondly, if you have a bike, make sure you keep it in good shape. Get your parents to check the brakes are working if you aren't sure.

The other gear that's important to have if you're walking or cycling is high-visibility (or 'high-vis') gear, which helps drivers to see you from further away.

- Fluorescent high-vis gear shows up best in the daytime, at dusk, or in bad weather. Something that's bright yellow or orange will also show up well.
- Reflective high-vis gear shows up best at night, by reflecting the light from vehicles' headlights.



Travelling by car



- ✓ Belt up before the car sets off – tell the driver to hold on
- ✓ Belt up for every journey – short and long
- ✓ Check everyone else belts up too – front and back, kids and adults!
- ✓ Never undo your seat belt on the journey
- ✓ The law says you have to use special seat – otherwise your seat belt can't do it's job

Travelling by foot

[WATCH - Click here to watch video](#)

Remember....

- Don't get distracted
- Stay focused on the road
- Use pedestrian crossings where they are available
- Only cross a road when it is safe to do so and follow these key principles;



ETHOS OF EXCELLENCE