

GSA Curriculum Map 2020-21 Personal Development

Intent statement for Personal Development:

Have the knowledge, understanding, attitudes and practical skills to live safe, healthy, and productive lives.

Can demonstrate important life skills such as empathy, compassion and communication whilst being able to showcase discussion, debating and presenting skills..

Become responsible, tolerant, positive global citizens who will make positive contributions to life in modern Britain.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7						
Topics	Health and Well Being: <ul style="list-style-type: none"> Self concept Mental health and well being Healthy lifestyles 	Health and Well Being: <ul style="list-style-type: none"> Drugs, alcohol, tobacco Puberty and sexual health Relationships: <ul style="list-style-type: none"> Positive relationships 	Personal Development: Relationships: <ul style="list-style-type: none"> Relationship values Forming and maintaining respectful relationships Consent 	Personal Development: Relationships: <ul style="list-style-type: none"> Contraception and parenthood Bullying abuse and discrimination Social influences 	Living in the Wider World: <ul style="list-style-type: none"> Values for life in modern Britain 	Living in the Wider World: <ul style="list-style-type: none"> Financial choices
Skills	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy	Discussion, application, risk management
Links PSHE Association PoS reference	H1, H6, H7, H14, H15, H17	H23, H24, H34, R1, R2, R4, R7	R9, R10, R13, R14, R17, R24, R25	R32, R35, R37, R38, R42, R43, R44		L15, L16, L17, L18
Year 8						
Topics	Personal Development: Health and Well Being <ul style="list-style-type: none"> Self concept Mental Health and well being Healthy lifestyles 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Drugs, alcohol, tobacco Puberty and sexual health Relationships: <ul style="list-style-type: none"> Positive Relationships 	Personal Development: Relationships: <ul style="list-style-type: none"> Relationship values Forming and maintaining respectful relationships Consent 	Personal Development: Relationships: <ul style="list-style-type: none"> Contraception and parenthood Bullying abuse and discrimination Social influences 	Living in the Wider World: <ul style="list-style-type: none"> Values for life in modern Britain 	Living in the Wider World: <ul style="list-style-type: none"> Financial choices Media literacy and digital resilience
Skills	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy	Discussion, application, risk management

Links	H2, H3, H8, H9, H10, H13, H16, H18	H25, H26, H27, H35, R5, R6	R11, R18, R19, R22, R26, R27	R36, R39, R40, R46, R47		L19, L20, L21, L22, L23,
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Year 9

Topics	Personal Development: Health and Well Being <ul style="list-style-type: none"> Self concept Mental Health and well being Healthy lifestyles 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Drugs, alcohol, tobacco Puberty and sexual health Relationships: <ul style="list-style-type: none"> Positive Relationships 	Personal Development: Relationships: <ul style="list-style-type: none"> Relationship values Forming and maintaining respectful relationships Consent 	Personal Development: Relationships: <ul style="list-style-type: none"> Contraception and parenthood Bullying abuse and discrimination Social influences 	Living in the Wider World: <ul style="list-style-type: none"> Values for life in modern Britain 	Living in the Wider World: <ul style="list-style-type: none"> Media literacy and digital resilience
Skills	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy	Discussion, application, risk management
Links	H4, H5, H11, H12, H19, H21, H22	H23, H24, H36, R3, R8	R12, R21, R22, R23, R28, R29, R20, R31	R33, R34, R41, R45, R46		L24, L25, L26, L27

Year 10

Topics	Personal Development: Health and Well Being <ul style="list-style-type: none"> Self concept Mental Health and well being Healthy lifestyles 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Drugs, alcohol, tobacco Sexual health and fertility Relationships: <ul style="list-style-type: none"> Positive Relationships 	Personal Development: Relationships: <ul style="list-style-type: none"> Relationship values Forming and maintaining respectful relationships Consent 	Personal Development: Relationships: <ul style="list-style-type: none"> Contraception and parenthood Bullying abuse and discrimination Social influences 	Living in the Wider World: <ul style="list-style-type: none"> Values for life in modern Britain Financial choices 	Living in the Wider World: <ul style="list-style-type: none"> Media literacy and digital resilience
Skills	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy	Discussion, application, risk management
Links	H1, H2, H5, H6, H7, H11, H12, H13, H14	H19, H20, H26, H27, H28, H29, R1, R2, R3, R4, R5	R9, R11, R12, R13, R14, R18, R19, R20	R23, R24, R28, R29, R30, R31, R35, R36	L16, L17, L18, L19	L22, L23, L24, L25, L26, L27

Year 11

Topics	Personal Development: Health and Well Being <ul style="list-style-type: none"> Self concept Mental Health and well being Healthy lifestyles 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Drugs, alcohol, tobacco Puberty and sexual health Relationships: <ul style="list-style-type: none"> Positive Relationships 	Personal Development: Relationships: <ul style="list-style-type: none"> Relationship values Forming and maintaining respectful relationships Consent 	Personal Development: Relationships: <ul style="list-style-type: none"> Contraception and parenthood Bullying abuse and discrimination Social influences 	Living in the Wider World: <ul style="list-style-type: none"> Financial choices Media literacy and digital resilience 	
Skills	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy Discussion, application, risk management	
Links	H3, H4, H8, H9, H10, H16, H17, H18,	H21, H31, H32, H33, R6, R7, R8	R10, R15, R16, R17, R21, R22	R25, R26, R27, R32, R33, R34, R37, R38	L20, L21, L28, L29	

Year 12

Topics	Personal Development: Health and Well Being <ul style="list-style-type: none"> Self Concept Mental Health and Emotional Well Being Relationships <ul style="list-style-type: none"> Relationship Values Bullying abuse and discrimination 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Drugs, alcohol and tobacco Relationships <ul style="list-style-type: none"> Forming and maintaining respectful relationships 	Personal Development: Relationships: <ul style="list-style-type: none"> Bullying, abuse and discrimination Living in the WiderWorld <ul style="list-style-type: none"> Choices and pathways Health and Well Being <ul style="list-style-type: none"> Sexual Health 	Personal Development: Relationships: <ul style="list-style-type: none"> Consent Living in the WiderWorld <ul style="list-style-type: none"> Media literacy and digital resilience 	Living in the Wider World: <ul style="list-style-type: none"> Values for life in modern Britain Work and career Employment Rights and responsibilities Health and Well Being <ul style="list-style-type: none"> Healthy Lifestyles 	Living in the Wider World: <ul style="list-style-type: none"> Media literacy and digital resilience
Skills	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy Discussion, application, risk management	Reflection, discussion, empathy Discussion, application, risk management
Links	H1, H2, H3, H5, R1, R2, R3, R25	H21, H22, H23, H24, R4, R5, R6, R7	R19, R20, R21 L1, L2, L3, L4 H18, H19, H20,	R11, R12, R13 L23, L24, L25	L5, L6, L7, L8, L9 H8, H9	L20, L21, L22

Year 13

Topics	Personal Development: Health and Well Being <ul style="list-style-type: none"> Mental health and emotional well being Managing risk and personal safety 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Managing risk and personal safety Relationships	Personal Development: Relationships: <ul style="list-style-type: none"> Contraception and parenthood Living in the Wider World	Personal Development: Living in the Wider World: <ul style="list-style-type: none"> Financial choices 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Healthy Lifestyles Living in the Wider World: <ul style="list-style-type: none"> Values for life in 	Living in the Wider World: <ul style="list-style-type: none"> Exam Season
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	Relationships <ul style="list-style-type: none"> Forming and maintaining respectful relationships 	<ul style="list-style-type: none"> Bullying abuse and discrimination 	<ul style="list-style-type: none"> Employment rights and responsibilities 		modern Britain	
Skills	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy Discussion, application, risk management	
Links	H4, H6, H7, H14 R8, R9, R10	H15, H16, H17 R22, R23, R24, R25	R14, R15, R16, R17, R18 L10, L11, L12	L13, L14, L15, L16, L17, L18, L19	H10, H11, H12, H13	

