

GSA Curriculum Map 2022-23 Personal Development

Intent statement for Personal Development

Students:

- Have knowledge and understanding of: health and well-being, relationships and the wider world which will encourage them to be responsible, tolerant and positive citizens who are prepared for life in modern Britain;
- Develop empathetic thinking skills and are encouraged to respectfully acknowledge the views of others, to try to understand them and use them to challenge their own views;
- Have opportunities to learn about the wider world and information that is not included in our formal curriculum.

	Autumn 1 Health and Wellbeing	Autumn 2 Living in the Wider World	Spring 1 Relationships	Spring 2 Health and Wellbeing	Summer 1 Relationships	Summer 2 Living in the Wider World
Year 7						
Topic Covered	Transition and safety Transition to secondary school and personal safety in and outside school. including first aid.	Developing skills and aspirations. Careers, teamwork and enterprise skills, and raising aspirations.	Diversity Diversity, prejudice, and bullying	Health and puberty Healthy routines, influences on health, puberty, unwanted contact and FGM.	Building relationships Self-worth, romance and friendship (including online) and relationship boundaries	Financial decision making Saving, borrowing, budgeting and making financial choices
Skills developed	Reflection, coping strategies, organisation, self awareness, discussion, agency and decision making, strategies to manage influence empathy, assertive communication support seeking skills, risk management					
Links to PSHE Association	H1, H2, H30, H33, R13, L1, L2	R15, R39, L1, L4, L5, L9, L10, L12	R3, R38, R39, R40, R41	H5, H13, H14, H15, H16, H17, H18, H20, H22, H34	H1, R2, R9, R11, R13, R14, R16, R24	H32, L15, L16, L17, L18
Flagship Link						
Cross Curriculum Connections			History Y9 - Holocaust Civil Rights Movement 1950-1970 History - Y9 HT6 History of Terrorism History - Y11 HT2 Weimar and Nazi Germany	Science Y8 HT5 B4 - Reproduction		
Resources to support learning	Mental wellbeing Overview PHE School Zone First Aid Lesson Plans St John Ambulance (sja.org.uk)	A World of Difference Resources Teaching Visible Difference (changingfaces.org.uk)	Mental wellbeing Overview PHE School Zone	Mental wellbeing Overview PHE School Zone	Dove Self-Esteem Project UK - National Schools Partnership	econoME Bank of England

Year 8

Topic Covered	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	Emotional wellbeing Mental health and emotional wellbeing, including body image and coping strategies	Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks
Skills developed	Reflection, coping strategies, organisation, self awareness, discussion, agency and decision making, strategies to manage influence empathy, assertive communication support seeking skills, risk management					
Links to PSHE Association	H23, H24, H25, H26, H27, H29, H31, H5, R42, R44	R39, R41, L3, L8, L9, L10, L11, L12	R39, R40, R41, R3, R4, R42, R43	H3, H4, H6, H7, H8, H9, H10, H11, H12, L24	H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32	H3, H30, H32, R17, L19, L20, L21, L22, L23, L24, L25, L26, L27
Flagship Link						
Cross Curriculum Connections			History - Y9 (HT5) Holocaust Civil Rights Movement 1950-1970 History - Y9 HT6 History of Terrorism History - Y11 HT2 Weimar and Nazi Germany	Psychology Y10 HT 5 Defining mental health.		
Resources to support learning	Mental wellbeing Overview PHE School Zone https://ed.ted.com/lessons/what-you-should-know-about-vaping-and-e-cigarettes-suchit-ra-krishnan-sarin/review_open#question-4		Parents and Carers Say no to autism Dimensions (dimensions-uk.org)	Mental wellbeing Overview PHE School Zone	Send me a pic? (thinkuknow.co.uk)	Piracy: What's the big deal? 11 – 14 yrs - Media Smart

	Autumn 1 Health and Wellbeing	Autumn 2 Living in the Wider World	Spring 1 Relationships	Spring 2 Health and Wellbeing	Summer 1 Relationships	Summer 2 Living in the Wider World
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Year 9

Topic Covered	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	Employability skills Employability and online presence
Skills developed	Reflection, coping strategies, organisation, self awareness, discussion, agency and decision making, strategies to manage influence empathy, assertive communication support seeking skills, risk management					
Links to PSHE Association	H24, H25, H27, H28, H29, R1, R20, R37, R42, R44, R45, R46, R47	L2, L3, L6, L7, L8, L9, L11, L12, L13, L14	H2, R1, R6, R19, R21, R22, R23, R35, R36	H3, H14, H15, H16, H17, H18, H19, H21	R7, R8, R11, R12, R18, R24, R26, R27, R28, R29, R30, R31, R32, R33, R34, L21	R13, R14, L2, L4, L5, L8, L9, L14, L21, L24, L27
Flagship Link						
Cross Curriculum Connections	Psychology Y10 - Social influence Y9 History - Hitler Youth Case study WW2 key events	French HT3 Y10 - Customs and Festivals/ Education Post-16 & Career Choices and Ambitions	French HT1 Y9 Family, descriptions and school		Science Y10 Biology HT4 Homeostasis Topic B11	
Resources to support learning	ACT for Youth (npcc.police.uk)		Free resources for 11-18yr olds CRESST	Teenage Cancer Trust UK Cancer Charity	Resource Hub - You Before Two : You Before Two	Anti-Fraud Lesson Plans Fraud Resources for Teachers Cifas

Year 10

Topic Covered	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Communities, belonging and challenging extremism	Work experience Preparation for and evaluation of work experience and readiness for work
Skills developed	Reflection, coping strategies, organisation, self awareness, discussion, agency and decision making, strategies to manage influence empathy, assertive communication support seeking skills, risk management					
Links to PSHE Association	H2, H5, H6, H7, H8, H9, H10	H25, R38, L16, L17, L18, L19, L20, L25	R1, R2, R3, R6, R7, R8, R14, R15, R18, R19, R22, R28, R29, R30, R31	H19, H20, H21, R20, R35, R36, R37	R5, R6, R9, R10, R14, R28, R29, R30, R31, R34, L24, L26, L27, L28, L29	H1, L1, L2, L3, L5, L7, L8, L9 L10, L11, L12, L13, L14, L15, L23
Flagship Link						

Cross Curriculum Connections	Psychology Y10 HT 5 Defining mental health.			History (Y9) - Hitler Youth Case study WW2 key events		History - Y9 HT6 History of Terrorism
Resources to support learning	Key Stage 4 PSHE Resource BBFC	Anti-Fraud Lesson Plans Fraud Resources for Teachers Cifas	Working out Relationships Network on Family Regulation and Society University of Exeter	Live #knifefree	Be Internet Citizens	https://www.youthemployment.org.uk/teachers-resources/careers-lesson-plans/

Year 11

Topic Covered	Building for the future Self-efficacy, stress management, and future opportunities	Next steps Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	
Skills developed	Reflection, coping strategies, organisation, self awareness, discussion, agency and decision making, strategies to manage influence empathy, assertive communication support seeking skills, risk management					
Links to PSHE Association	H2, H3, H4, H8, H12, L22	L1, L2, L3, L4, L6, L7, L8, L11, L12, L21	H26, H27, H28, H29, R16, R17, R21, R23, R32	H3, H4, H11, H13, H14, H15, H16, H17, H18, H22, H23, H24	H30, H31, H32, H33, R4, R11, R12, R13, R24, R25, R26, R27, R33	
Flagship Link						
Cross Curriculum Connections		French HT3 Y10 - Customs and Festivals/ Education Post-16 & Career Choices and Ambitions	Science Y10 Biology HT4 Homeostasis Topic B11		Philosophy - Relationships and Families	
Resources to support learning	Mental wellbeing Overview PHE School Zone	https://www.youthemployment.org.uk/teachers-resources/careers-lesson-plans/	Working out Relationships Network on Family Regulation and Society University of Exeter	PSHE_PSE training resources for CPR BHF	Free PSHE lessons on loss and bereavement School resources Winston's Wish (winstonswish.org)	

Year 12

Topic Covered	Personal Development: Health and Well Being <ul style="list-style-type: none"> Self Concept Mental Health and Emotional Well Being Relationships	Personal Development: Health and Well Being <ul style="list-style-type: none"> Drugs, alcohol and tobacco Relationships	Personal Development: Relationships: <ul style="list-style-type: none"> Bullying, abuse and discrimination Living in the WiderWorld <ul style="list-style-type: none"> Choices and pathways 	Personal Development: Relationships: <ul style="list-style-type: none"> Consent Living in the WiderWorld <ul style="list-style-type: none"> Media literacy and digital resilience 	Living in the Wider World: <ul style="list-style-type: none"> Values for life in modern Britain Work and career Employment Rights and responsibilities Health and Well Being	Living in the Wider World: <ul style="list-style-type: none"> Media literacy and digital resilience
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	<ul style="list-style-type: none"> Relationship Values Bullying abuse and discrimination 	<ul style="list-style-type: none"> Forming and maintaining respectful relationships 	Health and Well Being <ul style="list-style-type: none"> Sexual Health 		<ul style="list-style-type: none"> Healthy Lifestyles 	
Skills developed	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy Discussion, application, risk management	Reflection, discussion, empathy Discussion, application, risk management
Links to PSHE Association	H1, H2, H3, H5, R1, R2, R3, R25	H21, H22, H23, H24, R4, R5, R6, R7	R19, R20, R21 L1, L2, L3, L4 H18, H19, H20,	R11, R12, R13 L23, L24, L25	L5, L6, L7, L8, L9 H8, H9	L20, L21, L22
Flagship Link						
Cross Curriculum Connections	Psychology Y10 HT 5 Defining mental health. History - Y9 (HT5) Holocaust Civil Rights Movement 1950-1970 History - Y9 HT6 History of Terrorism History - Y11 HT2 Weimar and Nazi Germany		Science Y10 Biology HT4 Homeostasis Topic B11			
Resources to support learning	Mental wellbeing Overview PHE School Zone					

Year 13

	Autumn 1 Health and Wellbeing & Relationships	Autumn 2 Health and Wellbeing & Relationships	Spring 1 Relationships & Living in the Wider World	Spring 2 Living in the Wider World	Summer 1 Health and Wellbeing	Summer 2 Living in the Wider World
Topic Covered	Personal Development: Health and Well Being <ul style="list-style-type: none"> Mental health and emotional well being, including strategies for positive mental health, supporting others, work-life balance Relationships <ul style="list-style-type: none"> Forming and 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Managing risk and personal safety Travelling safely Relationships <ul style="list-style-type: none"> Harassment, managing aggressive social situations 	Personal Development: Health <ul style="list-style-type: none"> Online personal safety Relationships: <ul style="list-style-type: none"> Contraception and parenthood Living in the Wider World <ul style="list-style-type: none"> Workplace security Workplace bullying 	Personal Development: Living in the Wider World: <ul style="list-style-type: none"> Financial choices, budgeting, consumer rights, financial contracts 	Personal Development: Health and Well Being <ul style="list-style-type: none"> Health services recognising illnesses maintaining healthy diet 	Living in the Wider World: <ul style="list-style-type: none"> Exam Season

	<p>maintaining respectful relationships</p> <ul style="list-style-type: none"> • Difficult relationships 					
Skills developed	Reflection, coping strategies, organisation, self awareness	Discussion, reflection, agency and decision making, strategies to manage influence	Reflection, empathy, assertive communication, support seeking skills, risk management	Reflection, empathy, compassion, communication	Reflection, discussion, empathy Discussion, application, risk management	
Links to PSHE Association	H4, H6, H7, H14 R8, R9, R10	H15, H16, H17 R22, R23, R24, R25	R14, R15, R16, R17, R18 L10, L11, L12	L13, L14, L15, L16, L17, L18, L19	H10, H11, H12, H13	
Flagship Link						
Cross Curriculum Connections	Psychology Y10 HT 5 Defining mental health.		Science Y10 Biology HT4 Homeostasis Topic B11			
Resources to support learning						

